

## Health & Wellness Awareness

Source: (Pan American Health Organization)

The Ministry of Health & Wellness (MoHW) continues to keep malaria high on the health agenda, supporting the mobilization of resources, empowering communities at risk of malaria, and strengthening key health prevention measures and care. Malaria is a preventable and treatable disease.

The Ministry calls on all healthcare workers to continue their increased surveillance for malaria in their communities.

## May is Mental Awareness Month

**“Break the Stigma”/ “Be Kind to your Mind”**

Source: (Amandala Press)

According to the World Health Organization (WHO), roughly 450 million people worldwide suffer from some form of mental condition, and yet only 40% have access to some form of care. In developing countries, like Belize, 90% of persons receive no form of care at all.

Quite often, though, stigma associated with mental illness acts as one of the greatest barriers to mental health care.



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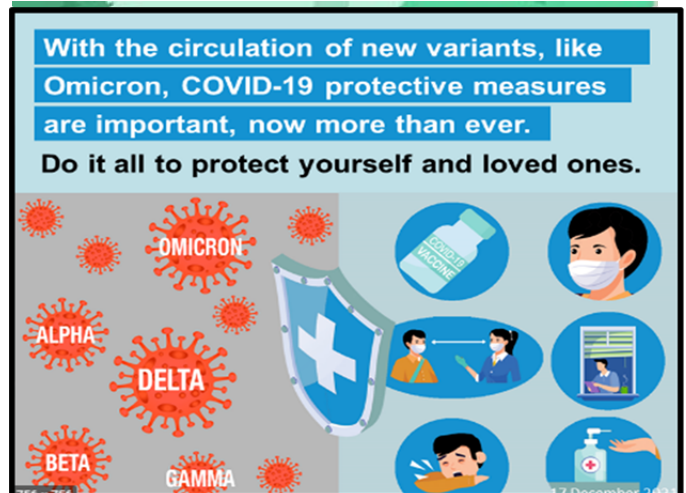
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## COVID-19 OMICRON BA.2 VARIANT

Source: (Sanpedrosun.com)

The Ministry of Health & Wellness (MoHW) informs the public that from the recent genome-sequencing of positive COVID-19 swabs, the Central Medical Lab has confirmed that the predominant variant circulating in Belize is the Omicron BA.2.



The Ministry continues to encourage the public to follow the public health measures proven to help prevent the spread of COVID-19:

\* Get the COVID-19 vaccines and boosters as soon as possible, wear your mask over your nose and mouth, especially when indoors or when adequate social distancing is not possible.

